***MS Civil Rights and Me Cover Page Lesson 1: Civil Rights & Me-***

***Overview/Summary-*** *An introductory lesson to Safe & Respectful Learning Environments and what students should do when they are concerned about a violation of rights or have a concern about safety.*

***Connection to SEL Competencies and Indicators***

* SEL Standards and Indicators- ENG
* [SEL Standards and Indicators- SP](https://www.washoeschools.net/cms/lib/NV01912265/Centricity/Domain/202/Social%20Emotional%20Learning/SEL%20Standards%20English%20and%20Spanish/SEL_Standards_Spanish.New%20Logo.pdf)

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| **SEL Connections:*****Develop Self-Awareness skills to:****Demonstrate knowledge of one’s emotions, personal strengths, challenges, potential, and self-efficacy as well as m*aintain an accurate and positive self-concept. ***Develop Social-Awareness competencies to:****Exhibit empathy, appreciate diversity, understand social and ethical norms for behavior, and*recognize family, school and community supports. ***Develop Relationship Skills to:****Build and maintain relationships with diverse groups and individuals and communicate clearly to express needs and resolve conflict.***Develop Responsible Decision-Making skills to:**Consider ethical and societal factors with making decisions and maintain accountable behaviors in school, personal and community contexts. |

***Second Step Suggested Program Themes:*** *Academic Success, Belonging, Growth Mindset, Helping Others, Planning Ahead, and Resilience*

***Supporting Second Step Lessons for MS Additional Resources:*** Unit 1 Mindsets and Goals—Students learn how to develop a growth mindset and apply goal setting strategies to their social and academic lives.

\*\*Extension activities aligned with lessons and units are located below the lessons in each unit\*\*

**Additional Resources**

*Facing History and Ourselves:* [Embracing Diversity and Community Building](https://www.facinghistory.org/resource-library?search=embracing%20differences%2C%20%20community%20building)

National Bullying Prevention Center- <https://www.pacer.org/bullying/resources/>

Most Frequently asked questions related to bullying- <https://www.pacer.org/bullying/resources/info-facts.asp>

What youth can do – questions & answers- <https://www.pacerteensagainstbullying.org/wp-content/uploads/2014/07/what-youth-can-do.pdf>

Publications & Handouts- <https://www.pacer.org/bullying/resources/publications/>

Teaching Tolerance- <https://www.tolerance.org/>